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News You Can Use

July Newsletter 2024



Summer is here and school is out, but financial education remains our priority all year long. We are proud to share the six winning essays for our Carleton "C.C." Jenkins College Scholarship for graduating high school seniors. As always, we are inspired by the creativity and financial savvy that our young members display in their writing. Best wishes to all 2024 graduates for their bright futures ahead.

Exciting educational opportunities continue with the annual "Stay on Track" Summer Sweepstakes. Members who successfully complete BalanceTrack online modules will be eligible for \$100 Amazon gift card drawings, as well as entries for a \$500 grand prize.

Whatever your plans might be, Congressional Federal wishes you a happy, safe summer.

Upcoming Educational Seminars

Protecting What Matters Most >

Wednesday, August 21, 2024 | 12-1pm ET

Breached: a Guide to Protecting Your Information & Defending Against Identity Theft >

Tuesday, September 17, 2024 | 12-1pm ET

Managing Your Thrift Savings Plan (TSP) >

Thursday, October 17, 2024 | 12-1pm ET



Scholarship Winners

Congressional Federal has awarded \$5,000 scholarships to six high school seniors based on their academic excellence and thought-provoking essays. We're proud to call them members.

[Read the winning essays >](#)



Three Reasons Why You Should Always Pay More Than the Minimum

Credit cards are a valuable financial tool, but they come at a price. Learn some important reasons why you should always pay more than the minimum due on your credit card.

[Learn more >](#)



AI-Generated Phishing: The Security Landscape Changes

Phishing scams, the scourge of businesses everywhere, are getting a facelift and becoming much more difficult to spot thanks to generative AI. Read more about this new generation of phishing attacks.

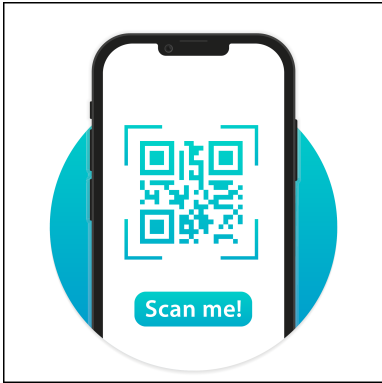
[Learn more >](#)



House Hunting 101: How to Find the Perfect Neighborhood

Picking the perfect house is more than just square footage or a stylish kitchen. It's also about the neighborhood.

[Read the article >](#)



The Quick and Dirty on QR Codes

QR codes are everywhere nowadays. However, like any technology, cybercriminals have found ways to exploit these codes, turning them into digital traps.

[Read more >](#)

The BalanceTrack

STAY ON TRACK

— Summer Sweepstakes —

August 1 - October 31, 2024

"Stay on Track" Summer Sweepstakes

Get ready to enter the The BalanceTrack "Stay on Track" Sweepstakes, featuring big prizes for our Balance users! Begin your journey to good financial health with BalanceTrack modules from BALANCE. Contest runs August 1- October 31, 2024.

[Find out more >](#)



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